

The Satanic Panic Suggested Reading List

Lest we be forgetful of past orthodoxies, here is a list of suggested reading for those who would like to understand how so many could-and continue to- believe something so ridiculous as satanic cult conspiracies. Understand why satanism specifically has always been a historically reliable scapegoat and how it is that some people come to believe they have been the victims of ritual abuse.

General

For those who would like a basic introduction or overview of the subject.

Satanic Panic: Pop-Cultural Paranoia in the 1980s

Kier-La Janisse and Paul Corupe

August 10, 2016

In the 1980s, it seemed impossible to escape Satan's supposed influence. This percolating cultural hysteria is now known as the Satanic Panic, a period in which a fascinating cultural legacy of Satan-battling media. This book is an in-depth exploration of how a controversial culture war played out during the decade and how widespread fear of a Satanic conspiracy was illuminated and propagated through almost every culture pathway, from heavy metal to Dungeons & Dragons role playing games, Christian comics, direct-to-CHS scare films and even home computers.

Satanic Panic: A Modern Myth

Rosie Waterhouse

December 3, 2023

Satanic Panic: A Modern Myth is a forensic journalistic investigation into the origins and spread of what I term the myth of "Satanic Ritual Abuse" – or Satanic Panic – the controversy over recovered versus false memories, and more recently, the validity of the diagnosis of Multiple Personality Disorder (MPD) now known as Dissociative Identity Disorder.

This book is the publication of the thesis of my PhD by Prior Publication, titled "Satanic Abuse,

False Memories, Weird Beliefs and Moral Panics: Anatomy of a 24-year Investigation.” The PhD was granted by City University London in January 2014. The preface explains why I am publishing it now, almost a decade later. What used to be a rather obscure fringe topic – a belief in so-called Satanic Ritual Abuse – has taken off as a global conspiracy theory, amplified and spread through social media and the dark web. Extremist proponents of the theory claim the world is run by an elite international network of paedophile Satanists who rape and sacrifice babies and children, drink their blood and eat their flesh. Practitioners are supposed to include senior royals, celebrities, politicians, judges, journalists, police and the military - in fact virtually anyone who could be considered Establishment. Believers in the conspiracy are particularly active in the USA and the UK, where I have been following their antics since 1990, when I first began investigating the ‘Satanic Panic’ for the UK newspaper I was then employed by, the *Independent on Sunday*. The thesis investigates the first wave of the Satanic Panic and takes us up to 2014. Since then, I have kept an eye on a few key zealots who continue to promote the myth and have published articles in UK newspapers and notably, an occasional series in *Private Eye* magazine. More recently the Satanic Panic has become entangled in related conspiracy theories like Pizzagate and QAnon and literally gone viral, followed by millions of believers worldwide. My next book will include a collection of a selection of my published stories since the PhD of 2014, plus new material about some weird, shocking and deeply worrying events in this bizarre history, up to date.

Satanic Panic: The Creation of a Contemporary Legend

Jeffrey S Victor

April 30, 1999

Again and again we are told - by journalists, police, and fundamentalists - that there exists a secret network of criminal fanatics, worshippers of Satan, who are responsible for kidnapping, human sacrifice, sexual abuse and torture of children, drug-dealing, mutilation of animals, desecration of churches and cemeteries, pornography, heavy metal lyrics, and cannibalism. This popular tale is almost entirely without foundation, but the legend continues to gather momentum, in the teeth of evidence and good sense. Networks of 'child advocates', credulous or self-serving social workers, instant-expert police officers, and unscrupulous ministers of religion help to spread the panic, along with fabricated survivors' memoirs passed off as true accounts, and irresponsible broadcast 'investigations'. A classic witch-hunt, comparable to those of medieval Europe, is under way. Innocent victims are smeared and railroaded

We Believe the Children: A Moral Panic in the 1980s

Richard R. Beck

August 4, 2015

A brilliant, disturbing portrait of the dawn of the culture wars, when America started to tear itself apart with doubts, wild allegations, and an unfounded fear for the safety of children.

During the 1980s in California, New Jersey, New York, Michigan, Massachusetts, Florida, Tennessee, Texas, Ohio, and elsewhere, day care workers were arrested, charged, tried, and convicted of committing horrible sexual crimes against the children they cared for. These crimes, social workers and prosecutors said, had gone undetected for years, and they consisted of a brutality and sadism that defied all imagining. The dangers of babysitting services and day care centers became a national news media fixation. Of the many hundreds of people who were investigated in connection with day care and ritual abuse cases around the country, some 190 were formally charged with crimes, leading to more than 80 convictions.

It would take years for people to realize what the defendants had said all along -- that these prosecutions were the product of a decade-long outbreak of collective hysteria on par with the Salem witch trials. Social workers and detectives employed coercive interviewing techniques that led children to tell them what they wanted to hear. Local and national journalists fanned the flames by promoting the stories' salacious aspects, while aggressive prosecutors sought to make their careers by unearthing an unspeakable evil where parents feared it most.

Using extensive archival research and drawing on dozens of interviews conducted with the hysteria's major figures, n+1 editor Richard Beck shows how a group of legislators, doctors, lawyers, and parents -- most working with the best of intentions -- set the stage for a cultural disaster. The climate of fear that surrounded these cases influenced a whole series of arguments about women, children, and sex. It also drove a right-wing cultural resurgence that, in many respects, continues to this day.

Satan's Silence: Ritual Abuse and the Making of a Modern American Witch Hunt

Debbie Nathan and Michael Snedeker

First Ed. October 3, 1996. Second Ed. June 26, 2001

Communities throughout the United States were convulsed in the 1980s and early 1990s by accusations, often without a shred of serious evidence, that respectable men and women in their midst many of them trusted preschool teacher secretly gathered in far reaching conspiracies to rape and terrorize children. In this powerful book, Debbie Nathan and Mike Snedeker examine the forces fueling this blind panic.

Out of Darkness: Exploring Satanism and Ritual Abuse

David K. Sakheim & Susan E. Devine

January 1, 1992

Periodically, bizarre and frightening reports of satanic cults and ritualistic abuse appear in the popular press. The increasing frequency of these reports has prompted investigations by the FBI as well as by mental health professionals whose patients have reported such abuse. Are there satanic cults, and if so, how widespread are they? Is there a correlation between “satanism” and child abuse?

Out of Darkness focuses on the intersection of these two phenomena-how extremist occult groups can severely abuse children, the resulting traumas that develop, and how psychotherapists, clergy, and law enforcement personnel approach the problem. In patients diagnosed with multiple personality disorder, treatment usually unveils a history of severe ritualistic abuse.

There are those who firmly believe that satanism and ritual abuse are widespread and growing phenomena demanding immediate attention, while others believe just as strongly that such reports are no more than the titillating, attention-seeking fabrications of unbalanced people. *Out of Darkness* is one of the first books to take a thorough and balanced look at these very controversial topics. In bringing together leading researchers in forensic psychiatry, multiple personality and dissociative disorders, traumatic stress, and religious studies, as well as an FBI agent and two ritual abuse survivors, Sakheim and Devine break bold new ground in their exploration of these disturbing events.

History

For those who would like to understand the history of scapegoating and demonization of minority groups as it relates to the Satanic Panic

Europe's Inner Demons The Demonization of Christians in Medieval Christendom

Norman Cohn

First Ed. 1973. Revised Ed. 1993. University of Chicago Press Ed. 2000

Europe's Inner Demons is a fascinating history of the need to imagine antihuman conspiracies and an investigation of how those fantasies made the great European witch-hunt possible. In addition, Norman Cohn's discovery that some influential sources on witch trials were forgeries has revolutionized the field of witchcraft studies, making this one of the most essential books ever written on the subject.

American Tabloid Media and the Satanic Panic, 1970-2000 (Palgrave Historical Studies in Witchcraft and Magic)

Sarah A. Hughes

October 27, 2021

This book examines the "satanic panic" of the 1980s as an essential part of the growing relationship between tabloid media and American conservative politics in the 1980s. It argues that widespread fears of Satanism in a range of cultural institutions was indispensable to the development and success of both infotainment, or tabloid content on television, and the rise of the New Right, a conservative political movement that was heavily guided by a growing coalition of influential televangelists, or evangelical preachers on television. It takes as its particular focus the hundreds of accusations that devil-worshippers were operating America's white middle-class suburban daycare centers. Dozens of communities around the country became embroiled in trials against center owners, the most publicized of which was the McMartin Preschool trial in Manhattan Beach, California. It remains the longest and most expensive criminal trial in the nation's history.

The Enemy Within: A Short History of Witch-Hunting

John Demos

September 18, 2018

With the vision of a historian and the voice of a novelist, prize winning author John Demos explores the social, cultural, and psychological roots of the scourge that is witch-hunting, both in the remote past and today. The Enemy Within chronicles the most prominent witch-hunts of the Western world? women and men who were targeted by suspicious neighbors and accused of committing horrific crimes by supernatural means? and shows how the fear of witchcraft has fueled recurrent cycles of accusation, persecution, and purging. A unique and fascinating book, it

illuminates the dark side of communities driven to rid themselves of perceived evil, no matter what the human cost.

Evil Incarnate: Rumors of Demonic Conspiracy and Satanic Abuse in History

David Frankfurter

June 19, 2006

In the 1980s, America was gripped by widespread panics about Satanic cults. Conspiracy theories abounded about groups who were allegedly abusing children in day-care centers, impregnating girls for infant sacrifice, brainwashing adults, and even controlling the highest levels of government. As historian of religions David Frankfurter listened to these sinister theories, it occurred to him how strikingly similar they were to those that swept parts of the early Christian world, early modern Europe, and postcolonial Africa. He began to investigate the social and psychological patterns that give rise to these myths. Thus was born *Evil Incarnate*, a riveting analysis of the mythology of evil conspiracy.

The first work to provide an in-depth analysis of the topic, the book uses anthropology, the history of religion, sociology, and psychoanalytic theory, to answer the questions "What causes people collectively to envision evil and seek to exterminate it?" and "Why does the representation of evil recur in such typical patterns?"

They Must Be Monsters: A Modern-Day Witch Hunt - The untold story of the McMartin Phenomenon: the longest, most expensive criminal case in U.S. history

Matthew LeRoy & Deric Haddad

Jul 31, 2018

It began on August 12, 1983, when a disturbed woman's bizarre accusation ignited hysteria across the small Southern California community of Manhattan Beach. Driven by over-zealous investigators and a sensational news media, the legend of The McMartin Preschool became the "case of the century"—the longest, most expensive criminal trial in United States history. Four years later, in the spring of 1988, in the midst of the ongoing frenzy, authors Matthew LeRoy and Deric Haddad, students at San Diego State University, left school to follow the case, a path that led them to Manhattan Beach, an upscale community where a vortex of suspicion left most

residents leery of outsiders. In this instance, however, where the inquisitors were two unassuming college students, many opened their doors . . . and they had so much to say. Through the summer of 1990, the authors conducted over one hundred interviews, as they bonded with key players on both sides of the conflict. No other journalists or network reporters were able to obtain such a diverse range of sources. Now, thirty years later, this extraordinary event comes to life. Written in a creative non-fiction format, *They Must Be Monsters* is told through the eyes of the “mother who started it all.” Using exclusive content—her volume of lost archives—the depth of her paranoia is unveiled; the portrait of a schizophrenic woman whose dark visions became a microcosm of the community around her. These authentic, never-before-seen documents finally bring an end to the mystery behind her fateful accusations. The events of Manhattan Beach are true, an untold story, the calamity of an upscale seaside town gripped by fear, where friends turned on neighbors in a frantic campaign of misguided retribution—a devastating crucible that afflicted a generation of innocent people, an event eerily similar to the Salem Witch Trials of 1692. It’s a tale of horror, rage, superstition, and faith; a shameful moment in American folklore that’s been erroneously ignored by historians—a great injustice that should’ve never taken place—but, as history tends to repeat itself, most tragically did.

The Satanism Scare

James T. Richardson, Joel Best, David Bromley

December 31, 1991

Although there is growing concern over Satanism as a threat to American life, the topic has received surprisingly little serious attention. Recognizing this, the editors of this volume have selected papers from a wide variety of disciplines, broadly covering contemporary aspects of Satanism from the vantage points of studies in folklore, cults, religion, deviance, rock music, rumor, and the mass media. All contributors are skeptical of claims that a large, powerful satanic conspiracy can be substantiated. Their research focuses instead on claims about Satanism and on the question of whose interests are served by such claims. Several papers consider the impact of anti-Satanism campaigns on public opinion, law enforcement and civil litigation, child protection services, and other sectors of American society. The constructionist perspective adopted by the editors does not deny the existence of some activities by 'real' Satanists, and two papers describe the workings of satanic groups. Whatever the basis of the claims examined and analyzed, there is growing evidence that belief in the satanic menace will have real social consequences in the years ahead.

Memory Research

For those who would like to understand the controversy between so-called Recovered Memories of Satanic Ritual Abuse and False Memories

Remembering Trauma

Richard J. McNally

May 27, 2005

Are horrific experiences indelibly fixed in a victim's memory? Or does the mind protect itself by banishing traumatic memories from consciousness? How victims remember trauma is the most controversial issue in psychology today, spilling out of consulting rooms and laboratories to capture headlines, rupture families, provoke legislative change, and influence criminal trials and civil suits. This book, by a clinician who is also a laboratory researcher, is the first comprehensive, balanced analysis of the clinical and scientific evidence bearing on this issue—and the first to provide definitive answers to the urgent questions at the heart of the controversy.

Synthesizing clinical case reports and the vast research literature on the effects of stress, suggestion, and trauma on memory, Richard McNally arrives at significant conclusions, first and foremost that traumatic experiences are indeed unforgettable. Though people sometimes do not think about disturbing experiences for long periods of time, traumatic events rarely slip from awareness for very long; furthermore, McNally reminds us, failure to think about traumas—such as early sexual abuse—must not be confused with amnesia or an inability to remember them. In fact, the evidence for repressed memories of trauma—or even for repression at all—is surprisingly weak.

A magisterial work of scholarship, panoramic in scope and nonpartisan throughout, this unflinching lucid work will prove indispensable to anyone seeking to understand how people remember trauma.

[The Myth of Repressed Memory: False Memories and Allegations of Sexual Abuse](#)

Dr. Elizabeth Loftus & Katherine Ketcham

First Ed. January 15, 1994. Second Ed. February 1, 1996

According to many clinical psychologists, when the mind is forced to endure a horrifying experience, it has the ability to bury the entire memory of it so deeply within the unconscious that it can only be recalled in the form of a flashback triggered by a sight, a smell, or a sound. Indeed, therapists and lawyers have created an industry based on treating and litigating the cases of people who suddenly claim to have "recovered" memories of everything from child abuse to murder.

This book reveals that despite decades of research, there is absolutely no controlled scientific support for the idea that memories of trauma are routinely banished into the unconscious and then reliably recovered years later. Since it is not actually a legitimate psychological phenomenon, the idea of "recovered memory"--and the movement that has developed alongside it--is thus closer to a dangerous fad or trendy witch hunt.

Making Monsters: False Memories, Psychotherapy, And Sexual Hysteria

Richard Ofshe and Ethan Watters

First Ed. January 1, 1994. Second Ed. September 24, 1996

In the last decade, reports of incest have exploded into the national consciousness. Magazines, talk shows, and mass market paperbacks have taken on the subject as many Americans, primarily women, have come forward with graphic memories of childhood abuse. *Making Monsters* examines the methods of therapists who treat patients for depression by working to draw out memories or, with the use of hypnosis, to encourage fantasies of childhood abuse the patients are told they have repressed. Since this therapy may leave the patient more depressed and alienated than before, questions are appropriately raised here about the ethics and efficacy of such treatment.

Return of the Furies: An Investigation Into Recovered Memory Therapy

Hollida Wakefield and Ralph Underwager

First Ed. January 1, 1994. Second Ed. January 4, 1999

Recovered memory therapy, which has become a rapidly-growing industry in the past ten years, is based on the controversial theory that adults often suffer emotional problems because of

forgotten childhood traumas. People who experience everyday difficulties like anxiety of overeating are now often told by therapists that the root of their trouble is a 'repressed memory' of abuse in childhood. The cure is to bring back the memory - a process that usually takes many months - and then publicly humiliate the alleged perpetrators of the abuse, most often the victim's parents. But are the supposed memories recovered in therapy genuine? Or are they concocted by therapists and clients in the course of therapy? Attempts to find independent corroboration of recovered memories have drawn a blank. Contrary to folklore, there is not a shred of scientific evidence for the notion that a memory can be repressed, and there is plenty of evidence that false memories can be created.

Remembering Satan

Lawrence Wright

First Ed. January 1, 1994. Second Ed. April 25, 1995.

From the Pulitzer Prize-winning author of *The Looming Tower* comes "the most powerful and disturbing true crime narrative to appear since Truman Capote's *In Cold Blood*" (*TIME*)—a case that destroyed a family, engulfed a small town, and captivated an America obsessed by rumors of a satanic underground.

In 1988 Ericka and Julie Ingram began making a series of accusations of sexual abuse against their father, Paul Ingram, who was a respected deputy sheriff in Olympia, Washington. At first the accusations were confined to molestations in their childhood, but they grew to include torture and rape as recently as the month before. At a time when reported incidents of "recovered memories" had become widespread, these accusations were not unusual. What captured national attention in this case is that, under questioning, Ingram appeared to remember participating in bizarre satanic rites involving his whole family and other members of the sheriff's department.

As *Remembering Satan* follows the increasingly bizarre accusations and confessions, the claims and counterclaims of police, FBI investigators, and mental health professionals, it gives us what is at once a psychological detective story and a domestic tragedy about what happens when modern science is subsumed by our most archaic fears.

Criminal Justice

For those who wish to understand how evangelical Christianity and fears of satanic cults influenced police procedure during the 1980's and 1990's

In Pursuit of Satan: The Police and the Occult

Robert D. Hicks

Hardcover Ed. January 1, 1991. Paperback Ed. November 24, 2003

Mutilated animals. Defaced tombstones. Sexual abuse in daycare centers. Is America threatened by a satanic conspiracy? In this book, Robert D. Hicks exposes law enforcement's obsessive preoccupation with satanism as a model for criminal behavior. While satanic belief has played a part in crimes ranging from petty vandalism to serial murders, Hicks avows that there is no substantial evidence for the existence of a nationwide satanic crime continuum. Hicks points out that the satanic criminal model is expedient largely due to its simplicity and economy, reducing to simple formulas such complex problems as drug abuse, teen suicide, and sexual molestation. His research utilizes a unique blend of law-enforcement methodology, anthropology, folklore, history, sociology, psychology and psychiatry. He attributes the cult conspiracy theory to beliefs fueled by Christian fundamentalist sects and to the ungovernable mechanisms of rumor-panics, subversive mythology, and urban legend. In Pursuit of Satan documents examples of rumor-panics in which the police have fomented fear by attributing crimes to satanists, indulging in sheer speculation and promulgating misinformation through the sensationalist news media. Hicks examines the construction of the satanic ideology among law enforcement officials, focusing on the exploitation of satanism as a new scapegoat for public fears and addressing the phenomenon of credulity among police forces and allied professionals in social work, psychiatry, and psychology.

Primary Literature

For those who want to understand what informed the fears and anxieties of believers in satanic cult conspiracies, these are either works of literature from purported ex-satanists and Satanic Ritual Abuse survivors or the psychiatrists who lent credence to their stories and continue to promote belief in satanic cults and Satanic Ritual Abuse.

Michelle Remembers

Michelle Smith and Lawrence Pazder, M.D.

January 1, 1980

Published in 1980, co-written by Canadian psychiatrist Lawrence Pazder and his psychiatric patient (and eventual wife) Michelle Smith. This best-seller was the first book written on the

subject of Satanic ritual abuse and is an important part of the controversies beginning in the 1980s regarding satanic ritual abuse and repressed memory.

The Satan-Seller

Mike Warnke with David Balsiger and Les Jones

January 1, 1972

Mike Warnke, after being expelled from the Satanist High Priesthood, joined the U.S. Navy and became a combat corpsman with the U.S. Marines. During his six months of Vietnam duty as a medic, he was wounded twice and was honored with eight service medals. Upon his return to America, he re-enlisted in the Navy and became a certified cardio-pulmonary technician. He received an early discharge from the Navy to devote full-time effort to his San Diego-based anti-occult counseling work known as Alpha Omega Outreach.

Satan's Underground : The Extraordinary Story of One Woman's Escape

Lauren Stratford

First Ed. January 1, 1988. Pelican First Ed. July, 1991. Third printing March, 1993

As a child, Lauren Stratford lived the agony of being trapped between two worlds-the outside world of school, church, and friends, where everything appeared normal, and the inner world of a twisted, satanic nightmare, where mind control, fear and ritualistic child abuse were her constant companions.

Satan's Underground is Lauren's true story, and it is perhaps the most shocking, terrifying, unforgettable story of satanic manifestations ever told. Readers from coast to coast will be shocked and disturbed by the story told here. But most of all, they will come to care deeply for the many thousands of innocent children who are faced with unspeakable horrors at the hands of modern-day satanists.

He Came To Set the Captives Free

Rebecca Brown, MD

1986

For seventeen years, Elaine served her master, Satan, with total commitment. Then she met Dr. Rebecca Brown, who served her master, Jesus Christ, with equal commitment. Elaine, one of the top witches in the U.S., clashed with Dr. Brown, who stood against her alone. In the titanic life-and-death struggle that followed, Dr. Brown nearly lost her life. Elaine, finding a power and love greater than anything Satan could give her, left Satan and totally committed her life to Jesus Christ.

This is an honest, in-depth account of Satan's activities today. You'll see how to:

Recognize and combat the many satanists who regularly infiltrate and destroy Christian churches

Recognize and combat satanic attacks

Recognize those serving Satan, and bring them to Jesus Christ

The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse, 20th Anniversary Edition

Ellen Bass, Laura Davis

First Ed. January 1, 1988. Second Ed. January 1, 1991. Third Ed. June 29, 1994. 20th Anniversary Ed. November 4, 2008

The Courage to Heal is an inspiring, comprehensive guide that offers hope and a map of the healing journey to every woman who was sexually abused as a child—and to those who care about her. Although the effects of child sexual abuse are long-term and severe, healing *is* possible.

Weaving together personal experience with professional knowledge, the authors provide clear explanations, practical suggestions, and support throughout the healing process. Readers will feel recognized and encouraged by hundreds of moving first-person stories drawn from interviews and the authors' extensive work with survivors, both nationally and internationally.

This completely revised and updated edition continues to provide the compassionate wisdom the book has been famous for, as well as many new features:

- Contemporary research on trauma and the brain
- An overview of powerful new healing tools such as imagery, meditation, and body-centered practices
- Additional stories that reflect an even greater diversity of survivor experiences
- The reassuring accounts of survivors who have been healing for more than twenty years
- The most comprehensive, up-to-date resource guide in the field
- Insights from the authors' decades of experience

Cherished by survivors, and recommended by therapists and institutions everywhere, *The Courage to Heal* has often been called the bible of healing from child sexual abuse. This new edition will continue to serve as the healing beacon it has always been.

Turmoil in the Toybox

Phil Phillips

1986

A shocking expose of the toy and cartoon industry. It reveals the hidden dangers found in *He-Man and Masters of the Universe*, *Barbie*, *Rainbow Brite*, *G.I. Joe*, *Smurfs*, *Dungeons & Dragons*, *Care Bears*, *ThunderCats*, *E.T.*, *Cabbage Patch*, to name a few. This book unmasks the New Age, Occult, Violent, and Satanic influences that have invaded the once innocent toy box. *Turmoil in the Toy Box* also explains the importance of play, and how toys can enhance or stunt a child's development. In addition, this book provides the reader with an alternative to today's more popular toys.

Saturday Morning Mind Control

Phil Phillips

1991

The author of the bestselling *Turmoil in the Toybox* returns to warn that today's cartoons--and the spin-off toys and products related to them--can be dangerous to a child's learning ability, socialization, and worldview.

Halloween and Satanism

Phil Phillips and Joan Hake Robie

1987

Is Halloween for children or is there a definite link between Halloween and Satanism? What about "Trick or treat," Jack-o-lanterns," and "bobbing for apples?" Do you read horoscopes? Do you play with Ouija board? Are you involved with Tarot Cards? Do you "dabble" with tea-leaf

reading, Scrying (Crystal) Palmistry? Good luck charms? If you answered yes to any of those then you have a "link" to the occult.

Turmoil in the Toybox II

Joan Hake Robie

January 25, 1989

In a world where our children are being indoctrinated into a world of satanic cults and sorceress imagery is used to seduce children.

The Truth about Dungeons & Dragons

Joan Hake Robie

February 2, 1992

Psychologists have claimed, time and again, that when someone lives in the realm of fantasy for an extended length of time, the lines dividing reality and fantasy become distorted, fuzzy. In the last decade, the concept of fantasy living has been proven to be a real and increasing danger. The contributing force behind it for many youths has been Dungeons & Dragons and other fantasy role-playing games.

The Treatment of Multiple Personality Disorder (Clinical Insights Monograph)

Dr. Bennett G. Braun M.D.

October 31, 1986

Until a decade ago, occasional single papers were the rare and only appearance of Multiple Personality Disorder (MPD) in scientific literature. Discussions were so rare that little or no continuity was established to lay basis for conceptualization of MPD as anything more than a clinical oddity, historical curiosity, or hoax.

Since 1980, when MPD gained recognition in DSM-III as a dissociative disorder, there has been much clinical and research activity in this area. The publication of The Treatment of Multiple Personality Disorder is a testament to this work.

This volume merges clinical understanding and up-to-date multiple personality research into effective, therapeutic approaches that can be employed in clinical practice. Its nine chapters

cover: Issues in the Psychotherapy of Multiple Personality Disorder, Personality Unification in Multiple Personality Disorder: A Follow-Up Study, Dissociation, Double Blinds, and Posttraumatic Stress in Multiple Personality Disorder, Treating Children Who Have Multiple Personality Disorder, The Dilemma of Drug Therapy for Multiple Personality Disorder, Psychoanalysis and Multiple Personality Disorder, The Adjunctive Role of Social Support Systems in the Treatment of Multiple Personality Disorder, The Treatment of Multiple Personality Disorder: State of the Art.

The papers included in this volume are by recognized authorities in the field of Multiple Personality Disorder. Their work represents the most current and thorough understanding of this fascinating disorder, with great hope for future scientific advances.

Cult and Ritual Abuse: Narratives, Evidence, and Healing Approaches

James Randall Noblitt and Pamela Perskin-Noblitt

July 15, 2014

This personal yet scholarly journey into the confusing and clandestine world of ritual abuse survivors sheds light on their catastrophic experiences and their efforts to heal afterward.

Revised, updated, and expanded, this third edition of a classic study is one of the most authoritative and evenhanded volumes to tackle its hotly debated subject matter. Incorporating the authors' firsthand observations, the book provides historical, anthropological, and psychological context for contemporary reports of both ritual abuse and ritual crime.

In addition to sharing patient vignettes and a history of cult and ritual abuse in society, the authors explore fascinating topics related to these practices, among them what triggers personality shifts for victims even many years after the abuse has stopped. Importantly, the book shows how ritual abuse affects society as a whole, influencing civil and criminal law, politics, legislation, social movements, social welfare, and psychological theory. It provides unique insights into the scientific study, forensic investigation, and implementation of social services for survivors of cult and ritual abuse, discusses new research and treatment strategies, and establishes the foundation for a psychological diagnosis to be called Cult and Ritual Trauma Disorder.

Ritual Abuse in the Twenty-First Century: Psychological, Forensic, Social, and Political Implications

Randy Noblitt and Pamela Perskin-Noblitt

September 9, 2008

Allegations of ritual abuse are universal and mental health professionals, theologians, law enforcers, scholars, victim advocates, and others struggle to comprehend the enormity of the devastation left in the wake of these heinous acts. *Ritual Abuse in the Twenty-first Century* addresses the concerns that naturally evolve from any discussion of this phenomenon from the perspectives of professionals, advocates, and survivors from around the world (eight countries, seven states in the U.S.) * How valid are the survivors' stories? * Is there evidence? * What are the consequences of these acts to the individual and society? * Why have these allegations been ignored or discredited whenever they have surfaced? The authors of these chapters respond to these and other questions in an effort to illustrate the constellation of psychological, health, legal, criminal, societal, and spiritual ramifications of ritual abuse.

Ritual Abuse and Mind Control

Orit Badouk-Epstein, Joseph Schwartz, Rachel Wingfield Schwartz

March 24, 2011

People who have survived ritual abuse or mind control experiments have often been silenced, accused of lying, mocked and disbelieved. Clinicians working with survivors often find themselves isolated, facing the same levels of disbelief and denial from other professionals within the mental health field. This report - based on proceedings from a conference on the subject - presents knowledge and experience from both clinicians and survivors to promote understanding and recovery from organized and ritual abuse, mind control and programming. The book combines clinical presentations, survivors' voices, and research material to help address the ways in which we can work clinically with mind control and cult programming from the perspective of relational psychotherapy.

It's Not Impossible: Healing from Ritual Abuse and Mind Control

Svali

April 25, 2018

It's Not Impossible is a book written by a survivor of ritual abuse and mind control to help both therapists and survivors understand what occultic mind control is, how to heal from it, and important issues and barriers survivors encounter, with tips on how to support the healing journey. Svali is an ex-programmer who has written numerous articles on the topics of ritual abuse, mind control and healing from cult programming. Her books have been published in five languages and used by therapists and survivors around the world.

Satanic Ritual Abuse Exposed: Recovery of a Christian Survivor

Katie, Kay Elise Tolman

February 6, 2014

Satanic Ritual Abuse Exposed shines the spotlight on the hidden works of darkness silently permeating the very fabric of our society, from Masonic Lodges to the Vatican. This compelling true story will provoke you to ask the questions you were afraid to ask and to venture beyond your denial. Like a hand reaching into the pit of hell and drawing you out of the rabbit hole, this story proves there is a way out of the darkness that leads into light. It is a voice for the voiceless, and a ray of hope for those who have suffered. Katie is living proof that miracles still happen and it is possible to find purpose beyond the pain.

Serving SRA Survivors: Understanding Satanic Ritual Abuse Recovery

Kay Elise Tolman

May 10, 2016

Satanic Ritual Abuse is more prevalent in our culture than anyone wants to believe, but we must press past the denial to minister effectively to survivors whose lives have been shattered by evil. *Serving SRA Survivors* offers answers to some of the most commonly asked questions about ritual abuse, a list of potential indicators, and context for the minister to maintain safety and healthy boundaries within the counseling relationship. Beyond ministry basics, here you will discover the five stages of healing for SRA survivors and valuable insight for navigating the challenging journey of recovery.

Breaking the Circle of Satanic Ritual Abuse: Recognizing and Recovering from the Hidden Trauma

Daniel Ryder

January 1, 1992

The first comprehensive recovery book to address the issues surrounding satanic cult ritual abuse--what it is, what the signs are, how to recover from it, and what is being done to combat this growing problem.

Satanic Ritual Abuse: Principles of Treatment

Colin Ross

October 2, 1995

In recent years the subject of satanic ritual abuse (SRA) has incited widespread controversy focused primarily on whether or not such abuse actually occurs. Much like child sexual abuse, SRA was initially dismissed as an isolated or even imaginary phenomenon. Although there is increasing evidence that ritual abuse does take place, clinicians working with individual patients cannot be sure whether they are dealing with fact or fantasy. Dr Colin Ross, an expert in the treatment of dissociative disorders, has encountered more than three hundred patients with memories of alleged satanic ritual abuse. In this book, he provides a well-documented discussion of the psychological, social, and historical aspects of SRA and presents principles and techniques for its clinical treatment.

Although Dr Ross has found no evidence of a widespread Satanic network he is open to the possibility that a certain percentage of his patients' memories may be entirely or partially historically accurate. In treatment, he recommends that the therapist adopt an attitude hovering between disbelief and credulous entrapment.

Dr Ross has encountered memories of SRA primarily among people who suffer from multiple personality disorders, and the principles of treatment he outlines here focus on such individuals. Treatment is described in terms of both general principles and specific techniques, with case examples. Ross's recommendation that the same interventions be used regardless of the percentage of memories that are historically accurate bridges the gap between those who adopt a 'believer' stance and those who take a false-memory stance.

This is the most detailed and comprehensive account of SRA from a clinical perspective available to date. As reports of SRA continue to escalate, it will be a valuable resource for all practicing therapists and psychiatrists.

The Land of Dark Forgetting: My story of healing from Satanic Ritual Abuse

Sarah Cantor

June 18, 2019

This is the story of how Sarah's memories of Satanic Ritual Abuse (SRA) returned to her when she was over 40 and how she found healing in her life. Her first memories were of her father

committing incest with her when she was a child. She received the jolt of her life when she remembered her father had murdered a little girl. Then she had her first intimations of SRA. All these memories came back to her in less than a year. In this period, she often experienced severe shock, panic and exhaustion. She realized she needed help. She found a psychologist who was specialized in trauma. The memories were so overwhelming that it became hard for her to understand that they were not happening to her now. The psychologist helped her to separate the past from the present. This had a calming effect. She discovered many fragmented pieces of herself and he guided her in putting these parts of herself back together. She also consulted an amazing clairvoyant. He confirmed her memories and even expanded on them. She found the courage to approach the police in America in the hope they would investigate her story and apprehend the perpetrators. The terrible memories led Sarah to break up with her family, who denied everything when she confronted them. By sharing her story with other survivors, who she met in the 12-step programs, she received recognition, support and love. Through a deep process of healing she succeeded in putting her experience in perspective. Years later, she began a loving communication with her mother that lasted until her mother died. Sarah's reason for writing this book was to tell the truth. She could not be silent about what had happened to her. She wants to break through the denial that surrounds SRA and raise awareness of its existence. She hopes this book will help others who have suffered as she did.